

# On Your Mark

*Parent and Leader Guidebook: pages 67-70*  
*Lion Adventure Book: page 14*

- Participate in a game with your den.
- Participate in an obstacle course relay
- Participate in a box derby race.



## Materials

- Copies of On Your Mark handout, one per adult
- Copy of Den Meeting Plan, one for leader(s)
- Name tags and Sharpie
- Cub Scouts Poster Set with Scout Law, Scout Oath and Den Code of Conduct (#621086 from Scout Shop)
- Blue tape or something to hang posters on wall

## Optional

- Snack and water
- Activities for siblings (e.g., coloring books)

## Gathering: Washer Toss

- Pie pan (one or more) or plastic bowl
- Something to make a mark (e.g., chalk, rope)
- 5 washers or penny
- Optional: duct tape to keep pie pan from moving if playing inside



## Activity 2: Obstacle course

- Piece of wood or rope for balance beam
- Cones
- Cargo net
- Tires
- Brown shopping bags
- Cans of food of different sizes to build a pyramid
- Oven mitts
- Optional: pool noodles
- Optional: search Pinterest for obstacle course ideas

## Activity 3: Derby Box

- Cardboard boxes
- Decorations (paint, paint brushes, markers, crayons, stickers)
- Optional: paper towels and paper plates, if painting

## Activity Wrap Up

- Colored pencils, crayons or markers
- Few extra copies of *Lion Adventure Book* page 14 (for those who forget book).

# Den Meeting Plan

*Parent and Leader Guidebook: pages 67-70*

*Lion Adventure Book: page 14*

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## Gathering

- Odd or Even Game

## Opening

- Good conduct candle
- Pledge, Scout Oath, Scout Law

## Talk Time

- Den business
- Sharing time

## Activities

- Activity 1: Decorate Box Car
- Activity 2: Box Car Derby Race

## Closing

- Race Car Cheers: “Varoooom”
- Scout Law



# On Your Mark Adventure



**Scout Law**  
A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, reverent.

**Scout Oath**  
On my honor, I will do my best to do my duty to God and my country and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight.

## Upcoming Events

- Dec 16** Wreaths Across America, optional 10:00 am at Houston Cemetery
- Dec 20** Pack Meeting (bring donation of first aid supplies)
- Jan 10** Den Meeting
- TBD** Outing
- Feb 7** Den Meeting
- Feb 24** Pinewood Derby
- Feb 28** Pack Meeting
- Mar 7** Den Meeting

**Pack 72**  
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[pack72tomball.scoutlander.com](http://pack72tomball.scoutlander.com)

**Orion District**  
[www.orion.shac.org](http://www.orion.shac.org)  
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**Sam Houston Area Council**  
[www.shac.org](http://www.shac.org)  
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